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*Helping children protect themselves*  
www.kidsafeuk.co.uk

21.11.18

Session 1: Introduction

Dear Parents/Carers

The Kidsafe programme has started today in your child's class. The purpose of the Kidsafe programme is to develop your child's ability to recognise unsafe situations and to take action to help protect themselves.

Over the next few weeks during circle time or PSHE the children will be looking at the following areas:

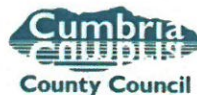
Self-confidence/self-esteem, feelings/talking about feelings, dealing with bullying, respecting our bodies, inappropriate touching, secrets in relation to abuse, communication skills, assertion skills Saying "No", computer/internet safety and age ratings on DVD's and computer games.

You, the parents/carers are children's most important teachers, and to provide maximum safety for children your role is vital. After each session we will send home a letter telling you what we did during the session.

Today, the Kidsafe tutor introduced themselves and played some getting to know you games with the children, including talking with the children about the ways they already keep themselves safe, the meaning of trust and helped the children become more aware of their feelings so that if they are worried or scared they will have the vocabulary to voice their feelings, we called these worried/scared feelings Yucky feelings.

We would welcome any comments you or your children have in relation to this session.

Yours sincerely,  
Miss Glen



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Local Safeguarding Children Board

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Silver Award  
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