Parents and Carers

Our internet, our choice – Understanding consent in a digital world
Fun Things To Do (with younger children)

The activities below provide suggestions of fun and engaging activities that you can do with younger children to help them think about being safe and positive online:

Smartie the Penguin (Ages 3–7)

Childnet's Smartie the Penguin story highlights the importance of always telling a trusted adult if you are unsure about something online or when using technology.

The story can be downloaded/read for free and there are also free colouring pages and fun activity suggestions to help reinforce the messages of the story.

www.childnet.com/smartie

Digiduck's Big Decision (Ages 3–7)

Digiduck's Big Decision is a story by Childnet about the importance of being a good friend online. It can be read for free online or downloaded as a free app for Apple and Android tablets.

www.childnet.com/digiduck

Download on the App Store

GET IT ON Google Play

SID TV (Ages 3–11)

Our SIDTV short videos provide a great way to start a discussion with children about how the internet makes them feel and what tips they have about staying safe. Some of the videos are aimed at younger children and can be watched on the UK Safer Internet Centre website or on YouTube.

www.saferinternet.org.uk/sid-tv

Search: UKSIC ▼

The Adventures of Kara, Winston and the SMART crew (Ages 7–11)

Five cartoons for children on how to stay safe online. Each cartoon covers one of the five SMART rules which help children to make positive and safe online choices for themselves and their friends.

www.childnet.com/kara

SMART Rules Quiz (Ages 7–11)

A fun way to check how well your child knows how to stay safe online is to challenge them to the SMART rules quiz on the Childnet website. Why not have a go too and see if your online safety skills are up to date?

www.childnet.com/quiz

Further resources and information:

www.saferinternetday.org.uk

www.childnet.com

Parents and Carers

Internet Safety Plan

The _____ family

Go on a hunt around the house. Search for all the devices which connect to the internet and record below:

We have ____ devices which connect to the internet in our house.
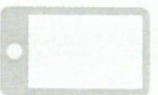
It's time to talk

How do we use the internet as a family?

How can we keep our family safe online?

Where will we keep our devices?

What can we use our devices for?

When can we use our devices?

What shouldn't we do online?

What should we do if something worries, upsets or confuses us online?

Our next steps

Adults next steps:

Young people's next steps:

Signed by:

Date:

This plan has been shared with:
(Grandparents, auntie and uncle, childminder etc.)