

Jarrow Cross Church of England Primary School

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Dear Parents/Carers,

Kidsafe is a specialised child protection programme which will be delivered into your school.



The Kidsafe programme deals with building children's confidence, self esteem and equips children with effective skills to deal with unsafe situations. Kidsafe enables children to value themselves and others and helps children to make wise and healthy choices/decisions in their lives. Kidsafe teaches children to recognise and/or prevent abuse i.e., what is appropriate and what is not appropriate, this is done in an age appropriate, fun and non-scary way through a variety of media including the use of a puppet, games, singing and worksheets.

Topics covered during the course include:-

Raising self confidence, feelings and talking about our feelings, bullying, respecting our bodies, inappropriate touching, secrets, communication skills, assertion - saying No, computer/internet safety and age ratings on DVD's and computer games. After the full programme has been delivered a bank of scenario's can be accessed by the trained tutor to address issues within school.

In order that we can give more information about the Kidsafe programme, the Kidsafe trained tutor will be offering a parent/carer information session to be held in school on 7th June at 3pm.

These sessions are for <u>adults only</u> - please arrange for child care if you have younger children. Please see the Early Years Team if this is an issue.

Yours sincerely Miss Glen













