

Reception/EYFS Long Term Overview

Autumn 1 Autumn Season Space Exploration	Spring 1 Winter Season Tradition Tales	Summer 1 Investigating Mini Beasts Summer 2 Summer Season Beside the Seaside
<ul style="list-style-type: none"> • Building Relationships <ul style="list-style-type: none"> -what is a relationship? -knowing what a friend is (somebody to trust) -what makes a good friend -knowing how to share and take turns -if conflict arises, beginning to explore tools, tips and strategies to help them begin to independently deal with it -scenarios of conflicts and coming up with ways to address those -knowing it is ok if you do not want to do what a friend is doing 	<ul style="list-style-type: none"> • Managing Self <ul style="list-style-type: none"> -identify the terminology of key feelings -discuss different things that may make them feel in a certain way -begin to identify some coping strategies and make attempts to utilise them -link with change can evoke emotions such as nerves etc but introduce 'resilience' and to give things a go/give things time • Right and wrong <ul style="list-style-type: none"> -understanding what rules are and why we need to follow them -organise acceptable and unacceptable behaviours -recognise that their behaviour can affect others and their feelings 	<ul style="list-style-type: none"> • Summer 1 = KIDSAFE - L.Peacock's class • Summer 2 = KIDSAFE-L.Armstrong's class <p><i>*Therefore, there will only be topics for one half-term planned because you have Kidsafe for the other half term.*</i></p> <ul style="list-style-type: none"> • People, culture and communities <ul style="list-style-type: none"> -Knowing that there are different types of people and communities (Big Book of Families) -knowing people like/dislike or will have opinions on different things and that is ok -different family types (Mommy, Mama and Me/Daddy, Papa and Me)
Autumn 2 Circus Fun	Spring 2 Spring Season A Bucketful of Dinosaurs	<ul style="list-style-type: none"> • Who can help in our community? • First aid <ul style="list-style-type: none"> -knowing the number to call in an

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<ul style="list-style-type: none"> • Self-Regulation, Self-confidence and self-awareness <ul style="list-style-type: none"> -evaluate activities they enjoy doing and find easy -think about how they could challenge themselves -think about activities they are anxious about or don't enjoy doing and give them another chance/go and re-evaluate -carrying out artificial tasks to promote/encourage resilience, testing of self-awareness e.g. making something and independently having to choose the resources -also linking into right and wrong and self-awareness of making the right choice (leads into Spring nicely) 	<ul style="list-style-type: none"> • Health and Self Care <ul style="list-style-type: none"> -basic understanding of germs through not washing hands and sneezing/colds • Toilet time <ul style="list-style-type: none"> -hygiene relating to use of the toilet at an independent level • Getting dressed <ul style="list-style-type: none"> -importance of being independent and getting themselves ready and even choosing appropriate outfits (mission to dress a bear/teddy weather dependent) then apply it to their own outfits (links with changing of seasons-prior knowledge) 	<p>emergency</p> <ul style="list-style-type: none"> -awareness of what an emergency is -being able to identify what service they would need -having a go at singing the post code song (link with school post code- option to learn theirs at home)
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